



MAYER MEDIATION MINUTE: Think

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In mediation, it is important to pause and take the time to think.

Think before you speak.
Think before you react.
Think before you respond.
Think before you reject.
Think before you decide.

Use that time to think about your needs, instead of your wants.

Use that time to think about a settlement's intrinsic values, such as closure, ending the distraction and stress, and cost reduction.

Think about the other side's perspective and the strengths and weaknesses of their case, then candidly re-examine your own and your settlement options.

Once you have taken the time to think, then engage.

You may just find that you are on the path to resolution.

Disclaimer: Nothing contained herein constitutes legal advice nor does anything contained herein create a professional relationship.