



MAYER MEDIATION MINUTE: Believe

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As a mediator, I start every mediation believing that we will find a path to resolution.

You should believe it too.

Why is it important for the parties to believe?

Because if you believe it is possible then it will be.

Belief shapes our thoughts and influences our actions.

Our beliefs can also affect the thoughts and actions of others.

In negotiation and conflict resolution, believing that you can find a path forward is often the first step down the road to resolution.

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