

MAYER MEDIATION MINUTE: Word Cues

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As a mediator, I pay attention to word cues. You should too.

As you interact with others, listen for the words they use.

Not just what the words mean, but the words that are said.

Subconsciously, we all offer cues on how we process information.

Someone who processes through logical analysis may say “I think.”

Someone who processes through visual input may say “I see.”

Someone who processes through emotions or intuition may say “I feel.”

None of these are right or wrong.

Instead, they are cues and these cues may help you connect and understand the speaker.

And connection and understanding are often the keys to unlocking a path forward.

Disclaimer: Nothing contained herein constitutes legal advice nor does anything contained herein create a professional relationship.